



An initiative of the Rotary Club of Bundaberg



MAY 6 & 7 2016

The 1st Annual Agrotrend McDonald Murphy Machinery Strongman Competition 2016

Money Raised will go to Bundaberg Rotaract.

The Event will be proudly facilitated by 3bz Fitness.

Saturday 7 May 2016 at 10am

Entry Form

Name: _____

Phone Number: _____

Address: _____ City: _____

State: _____

Email Address: _____

Division (circle)

Men's Over 100kg Men's Under 100kg Womens Over 80kg Womens Under 80kg

- Pre-registration fee is \$20 for adult competitors. No competitors under the age of 18 are allowed.
- Pre-registration must be paid in full upon submitting this registration form, **no later than May 1st 2016.**
- Registration forms received after May 1st 2016 or on the day of the event will be \$30.
- This is an unsanctioned event; a local competition that is open to any and all competitors over the age of 18. Competitors will be divided into weight classes. Weight class will be under and over 100kg for men and under and over 80kg for women.
- Awards will be given to winners in each weight class. Awards may include but are not limited to: money, gift certificates, and trophies.





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Condition of Entry

A. Disclosure of Physical Condition

You agree to disclose to us all relevant personal health and fitness information both prior to and during engagement in the competition. You further warrant and represent that you will not participate in the The 1st Annual McDonald Murphy Machinery Strongman Competition 2016 competition whilst you are suffering from any serious injuries, infections or contagious illness, disease or other ailment or whilst you are suffering from any physical ailment such as open cuts or sores or minor infections where there is a risk, however small, to other competitors.

B. Code of Conduct for Competitors

Competitors are encouraged to abide by the following Code of Conduct (the "Code"). By choosing to compete in the The 1st Annual McDonald Murphy Machinery Strongman Competition 2016, you acknowledge and accept that the Code applies to you and that violation of the Code by you may be cause to ban you from competing in certain future events organised by Agrotrend, Alicia Otto and Blake Hornbrook.

As a Competitor:

1. You will always compete according to the rules.
2. You will never argue with an official. If you disagree with a decision you will inform the organisers Alicia Otto and Blake Hornbrook in writing after the competition.
3. You will control your temper. You understand that verbal abuse of officials and sledging other competitors and deliberately distracting or provoking an opponent, is not acceptable or permitted behaviours in this sport.
4. You will be a good sport and applaud all competitors.
5. You will treat all players in your sport as you like to be treated. You will not bully or take unfair advantage of another competitor.
6. You will display modesty in victory and graciousness in defeat.
7. You will participate for your own enjoyment and benefit.
8. You will not arrive at the venue intoxicated or drink alcohol at competitions.
9. You will respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
10. You will thank your opponents and officials at the end of the competition.





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C. Waiver and Release of Liability

You (the "Competitor") understand that the strongman activities in this competition (see Rules and Guidelines) may include, but are not limited to, lifting very heavy weights, stones and other awkward implements in ways that could cause physical injury or even death. You hereby freely and voluntarily, without duress, execute this Release under the following terms:

You release and hold harmless The 1st Annual McDonald Murphy Machinery Strongman Competition and its affiliated event organisers, successors and assigns from any liability, claims and demands of whatever kind or nature, either in law or in equity, which arise from competing in the The 1st Annual Agrotrend McDonald Murphy Machinery Strongman Competition 2016. You understand and acknowledge that this Release discharges Alicia Otto and Blake Hornbrook from any liability or claim that you may have with respect to any bodily injury, personal injury, illness, death or property damage that may result from your participation in this competition.

You also understand that Alicia Otto and Blake Hornbrook do not assume any obligation to provide financial assistance or other assistance, including but not limited to medical, health, or disability insurance, in the event of injury, illness, death or property damage.

E. Medical Treatment - You hereby release and forever discharge Alicia Otto and Blake Hornbrook from any claim whatsoever which arises or may hereafter arise on account of any first aid treatment or other medical services rendered in connection with an emergency during this competition.

F. Assumption of the Risk. You understand that competing in strongman competitions may include activities that may be hazardous to you, including, but not limited to, loading and unloading heavy weights and materials, and lifting and carrying heavy implements in my hands or on my back. You recognise and understand that such competitions involve inherently dangerous activities. You also understand that you may be required to move in an unnatural way in order to accomplish the events. You hereby expressly and specifically assume the risk of injury or harm in these activities and release Alicia Otto and Blake Hornbrook from all liability for injury, illness, death or property damage resulting from the competition.

G. Severability. You expressly agree that this Release is intended to be as broad and inclusive as permitted by the laws of the State of Queensland, Australia, and that this Release shall be governed by and interpreted in accordance with the laws of the State of Queensland. You agree that in the event that any clause or provision of this Release shall be held to be invalid by any court of competent jurisdiction, the invalidity of such clause or provision shall not otherwise affect the remaining provisions of this Release which shall continue to be enforceable. If we do not enforce our rights under this agreement at any time, it does not mean that we may not do so on future occasions. You warrant that the above details are true and agree to act sensibly to protect yourself and others from injury while participating in the competition.





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You also acknowledge that you understood and agree to the above Terms and Conditions.

Your signature is your acceptance of the above waiver of liability outlined above.

PRINT NAME

Signature and Date

Any Question about the event please contact Event Co-ordinator Alicia Otto on 0401460375 or 3bz Fitness – Blake Hornbrook 0428 534 363

Rules and Guidelines

- 1) You can only compete once.
- 2) Entry form, signed waiver and entry fee must be turned in an hour before the event.
- 3) A prize will be awarded to first man and woman in each weight category.
- 4) The competition will take the form of an individual relay.
 - Each leg of the relay is 20m.
 - First leg is a tyre flip – Size of tyres to be confirmed on the day
 - 2nd leg is a farmers walk – 80kg combined for men and 40kg combined for women.
 - 3rd and final leg is a sled push, with 80kg for men and 40kg for women.
- 5). All competitors are encouraged to wear hand protection. Chalk will be provided on the day.
- 6) Each event must be fully completed before starting the next leg of the relay.
- 7) This will be a timed event. Fastest time in each weight group will win. Two timers will be used.
- 8) Contestants are encouraged to wear appropriate shoes for the event. No cowboy boots or sandals. No spikes or cleats.
- 9) All decision from Strongman Committee will be final.

